REPORT ON FINANCIAL INDEPENDENCE IN WOMEN

Women and financial independence have become increasingly important topic in recent years, as women continue to strive for more recognition and autonomy in the work place, and in society at large. Women often lack access to the same opportunities as men when it comes to financial independence. Women are often paid less than men for the same job, and have fewer opportunities for career advancement this means that they are less likely to be able to save money and invest in the future, leaving them more vulnerable to financial insecurity.

Department of psychology, Vimala College (Autonomous) Thrissur, conducted a seminar on 'Financial Independence in Women' on 28th February 2023 in collaboration with the Women Development Cell. The seminar was organized by the faculty coordinator Dr.Sinto.P.Anto(HOD). Sruti Suresh and Aneena Elizabeth from the department of psychology were the student coordinators. Mrs.Anu Mary Kalliath, Assistant Professor, Department of Psychology, St.Mary's College Thrissur lead the session as resource person.

The session was welcomed by Alha.A.The entire session was fruitful and interactive. The resource person discussed about the various methods of savings. She gave very informartive talk about financial independence in women. She carried the entire session through her own life experiences. She concluded her words by giving a powerful message "Be Confident, Be Passionate, Be Determinant and come up and Fly with Colourful Wings". The seminar was ended with a vote of thanks by Sandra. K.

